

For the week of February 21, 2005

Please send your submissions for the next Monday update to Grant@AndersonTech.ca by 5:00 pm on Sunday, February 27 2005. Submissions should have MONDAY UPDATE in the subject line followed by a brief description. Ex: MONDAY UPDATE - ABC Project

Contact the Executive:

President - Kim Riche kriche@cablelan.net
Past President - Wilf Mulder wilf@new-horizons.ca
VP Training - Lyle Doucette leographics@shaw.ca
VP Membership - Barb McKechnie bmckechnie1@yahoo.ca
VP Social - Erin Doucette erleo@shaw.ca
Treasurer - Dean Barnard dean@summitfinancial.bc.ca
Secretary - Alisa Dickinson alisadickinson@shaw.ca

PRESIDENTS REPORT

Good morning fellow Jaycees,

Congratulations to Mr. Jason Gilbert and Mrs. Deb Treherne who were joined in marriage Saturday in a lovely ceremony at the Armstrong Curling Club.

Don't forget that this Saturday is our Walleyball tournament. If you have not already confirmed your attendance, please contact your VP Social Erin Doucette.

The Effective Speaking Course will be starting shortly. For anyone who would like to learn public speaking skill or just become more comfortable speaking in larger groups, I would definitely recommend this course. Your VP Training Lyle Doucette has been working very hard to bring us the best training yet. Please contact Lyle if you would like to participate. A reminder to all that this course is free to all members of the Vernon Jaycees.

Below you will find a request for volunteers. The North Okanagan Neurological Association is looking for volunteers to help with the sales of wristbands to fundraise toward a new facility. NONA is hoping for 10 volunteers from our group so if you are interested and can spare a few hours to help them out please contact Billie Jo.

Have a terrific week,

Kim

VOLUNTEERS REQUIRED - NONA TREEHOUSE PROJECT

I recently accepted a short term contract with the North Okanagan Neurological Association (N.O.N.A) to coordinate volunteers and work on a media campaign for the Treehouse Project fundraiser. It's not only to raise funds, but also to raise awareness of and support for this non-profit society's work within our community. Please allow me to tell you more about the project and to ask if you'd be interested in getting involved.

The "Treehouse" (the name being given to the new building) will provide a much needed new facility for the 400+ children and their families who benefit from services such as physio-occupational therapy, motor or speech therapy as well as behavioral management just to name a few. The current building, located at 2802-34th Street, as been home for N.O.N.A. since 1981. There are several reasons why a new building is required, the main reasons being: inadequate space for growing client base, problems

with air quality, temperature and humidity in current brick building and, inefficient operation costs to run the old building.

For you information, there are no fees for the services offered by N.O.N.A. Most of the funding for the programs comes from the BC Government, namely the Ministry of Children and Family development, as well as local donations, grants and proceeds from fundraising activities. For more details, I invite you to visit their website (www.nona-cdc.com) or call me if you have questions.

The campaign within our community will revolve around the sale of an orange wrist band beginning in March. For a minimum donation, the donor will receive a wristband that will show they have supported this cause. Where can these bands be found? That's where I'm hoping you come in. In order for this campaign to be successful, a large number of people are needed to do a little bit of canvassing. Are you interested in supporting this cause by being a distributor of the bands?

There will also be kiosks set up on the weekends beginning in mid-March at prime locations in Vernon. I will need dynamic people to be at these places during mall hours. If you are willing to take a 2 hour shift, please let me know.

I'm compiling a list of names for my distribution plan and for the volunteer's orientation to be held on March 3rd with an alternate date of March 8th. Please contact Billie Jo directly if you would to assist. (email ode2billiejo@hotmail.com or phone 260 1068.)

Thank you for reading this message and learning more about the Treehouse Project.

Best regards,

Billie Jo Beaudoin
Volunteer Coordinator
N.O.N.A. - Treehouse Project Fundraising Campaign

TRAINING

Effective Speaking:

The 2005 effective speaking topic has been choosen.....the topic is "What is the world coming to". If you are interested in participating on a national, regional, chapter or personal level, all jaycees are welcome.

Wow! We had great response on the Effective Speaking sign-up sheet at the last meeting.

Here's the info:

Where: TBA - perhaps NOCLS

When: 7:00pm Tuesday Evenings

How Long: 1-1 1/2 hours for a period of 4 weeks

Who's Facilitating: Regional Impromptu Speaking champion-Kathleen Dubois & Lyle Doucette (just a guy)

Wow! This sounds great! How much would a wonderful course like this cost a financially strapped person like me: \$0 + taxes

Is there still room: Yes!

Topics covered: Impromptu speaking, speeches, how to captivate your audience, speaking with confidence, + much, much more!

Will it be fun: Tons

Do I have to speak in public after the course: No but you will have the tools to when the course is completed.

Here's who has signed up so far:

Marie-Mai Richard, Sandra Simao, Anna Heiberg (?), Jason Briggeman, Alisa Dickinson, Barbie Mac, Grant Anderson, Erin Doucette, Michele Buterman, Sarah Hoyte, & Amy Markin.

There is still plenty of room and all Jaycees are welcome! Hope to see you there!

For any additional information or to sign up, please contact Lyle.

For those of you who missed the last general meeting, you missed a great training. Our very own computer ninja/rent-a-cop, Grant Anderson, trained his eager disciples in the art of self defense against computer viruses & malware. Great job Grant! Be sure to tune in next month as our training will be on Roberts Rules of Order, instructed by the ravishing and talented Kathleen Dubois. A training that promises to be both informative and witty. Can't wait!

'til next time!

Lyle

SOCIAL

Feb. 26th at 7 pm is Wallyball at Heavenly Bodies (across from the Greyhound Bus depot). Bring your friends or someone who is thinking of joining the Jaycees out to play. Remember there are door prizes one of which is for your crazy head gear or hair do. The cost is 10\$ each and that includes some appies after.

March 19th from 4 to 6 pm is Tube Town up at Silver Star. The cost is 10\$ each and it includes hot dogs and hot chocolate to warm us up after tubing. Bring your friends and family out to this fun filled event.

Congratulations to Deb and Jason on getting hitched this weekend!

Erin

CALENDAR OF EVENTS

Saturday, February 26th

Wallyball, 7pm @ Heavenly Bodies Gym across from Greyhound bus depot
Tickets: \$10 includes court rental and appies. Please RSVP with Erin ASAP

March 19'th

Tube Town @ SilverStar, 4pm
Tickets: \$10 includes hot-dogs and hot-chocolate

Thursday, March 10th

General Meeting

NOCLS (North Okanagan Community Life Society)
2400-46th Avenue at 7:00 pm
Everyone is welcome to attend

Tuesday, March 15th

Vernon Chamber of Commerce Business After 5

Vernon Lodge

HEAD'S USELESS WEBSITE(S) OF THE WEEK

Love Bubble Wrap? <http://www.urban75.com/Mag/bubble.html>